

BEST OF NEW YORK

APRIL 23, 2001

NEW YORK

CROISSANT SPA STEAK
HAIRCUT J SPORTS BAR
CABARET CO COCKTAIL
JEANS W E YOGA
MASSA JAZZ

Midtown Express: The Best Takeout Lunches

WHERE IT IS

WHAT IT COSTS

WHY YOU WANT IT

Salad

Tossed
30 Rockefeller
Plaza
212-218-2525

Salads, \$7.95-\$14.95;
sandwiches,
\$6.95-\$8.95

Fresh ingredients—we're talking actual red, sweet cherry tomatoes—that change seasonally. Also four-star sandwiches like grilled flank steak and onions on a baguette and a new take on tuna with sun-dried cherries and jicama.

Gourmet

Fresco on
the Go
40 E. 52nd St.
212-754-2700

Pasta, \$7.50-\$9;
salads, \$5-\$10.95;
sandwiches,
\$6.50-\$9.95

You'll forgo your no-carb pledge after you feast your eyes on the cheesy lasagna. We like the salads—chicken cobb, south-western—as well as the grilled pizzas: Suddenly, ricotta cheesecake at lunch seems like a good idea.

Healthy

Blanche's
Organic Cafe
22 E. 44th St.
212-599-3445

Juices, \$4-\$8;
hot plates, \$10.50;
salads, \$10
per pound

Satisfies both the seitan-eating, soy-milk-drinking crowd as well as the merely wellness-minded looking for grilled catfish, steamed veggies, or scrambled tofu. Juices are tellingly titled: Are you a Toxic Avenger or a Beauty School?

The Sopranos'
Drea de Matteo