

BOXED LUNCH Minimum order may apply
Great for meetings or events on the go. Each box includes utensils and a cookie

TRADITIONAL SALAD \$9.99 **GOURMET SALAD** \$10.99
CHOOSE a portion of ciabatta or multi-grain bread

ARTISANAL SANDWICH \$10.99 **GOURMET WRAP** \$10.99
CHOOSE a bag of chips or an apple



HOT SOUPS \$13.99 Ask about our daily selections
Serves up to 4 people

- | | | |
|--------------------------|------------------|--------------------------|
| GF Broccoli & Cheese | Potato | Corn Chowder |
| ✓ Minestrone | Tomato Bisque | Italian Wedding |
| Chicken Noodle Homestyle | Pasta Fagioli | New England Clam Chowder |
| Chili with Beans | Vegetable Medley | GF Chicken Tortilla |
| | Lobster Bisque | |



SWEET TREATS PLATTER

Assortment of freshly-baked cookies and brownies
SMALL serves up to 10 people \$12.99 LARGE serves up to 20 people \$23.99

FRESH FRUIT BOWL serves up to 10 people \$29.99
An assortment of seasonal fresh cut fruit

BEVERAGES
Cold, quenching and convenient beverages include:
20 oz. (Coke, Diet Coke, Sprite, Lemonade, Iced Tea or Bottled Water) \$1.99

— FRESH Food FAST —
CATERING ○ **ONLINE ORDERING** ○ **DELIVERY**
— tossed.com —

ONE POST OFFICE SQUARE
BOSTON, MA 02109
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CATERING HOTLINE: 617.424.7700

THE SHOPS AT PRUDENTIAL CENTER
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Lettuce CATER

FRESH, MADE-TO-ORDER SALADS,
ARTISANAL GOURMET WRAPS,
SANDWICHES, AND HOT SOUPS!

SWEETEN THINGS UP WITH OUR
sweet treats & **FRUIT BOWLS**
platters

tossed[®]
FRESH Food FAST



TOSSIN' UP YOUR
OFFICES EVENTS
LUNCHES
MEETINGS
BRUNCHES

NEIGHBORHOOD

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GOURMET & TRADITIONAL SALADS

Serves up to 5 entrées or 10 side salads

GOURMET \$49.99

🕒 **Southwest Blackened Chicken**
with romaine hearts, feta, black bean corn salsa, avocado, chopped tomatoes, tortilla strips and citrus chipotle dressing

BBO Chicken
with romaine hearts, corn, chopped tomatoes, roasted onions, jicama, cheddar, tortilla strips and citrus chipotle dressing

Chicken Caprese
Romaine hearts, blackened chicken, avocado, chopped tomatoes, fresh mozzarella and balsamic vinaigrette

Cayenne Shrimp
with romaine hearts, avocado, grape tomatoes, roasted onions, black bean corn salsa, tortilla strips and citrus chipotle dressing

Cobb
Romaine hearts, roasted chicken, crumbled blue cheese, grape tomatoes, avocado, smoked bacon, roasted onions and blue cheese dressing

Asian Chicken
Romaine hearts, roasted chicken, carrots, almonds, mandarin oranges, sugar snap peas, wonton crisps and asian sesame ginger dressing

🕒 **Tuna Salad**
(Mixed with apples, dried cranberries and mayo), baby field greens, avocado, carrots, cucumbers and honey balsamic vinaigrette

🕒 **Mango Cranberry**
with baby field greens, roasted chicken, goat cheese, almonds, jicama, cucumbers, dried cranberries and sherry wine vinaigrette

🕒 **Chef**
Romaine hearts, smoked bacon, smoked turkey, cheddar, apples, egg, croutons and honey balsamic vinaigrette

Apple Walnut
with romaine hearts, roasted chicken, crumbled blue cheese, golden raisins and honey balsamic vinaigrette

TRADITIONAL* \$39.99

✓ **Garden**
Baby field greens, grape tomatoes, cucumbers, carrots, golden raisins, sunflower seeds and fat free raspberry vinaigrette

Caesar
Romaine hearts, shaved parmesan, croutons and caesar dressing

✓ **Strawberry Spinach**
with baby spinach, crumbled blue cheese, almonds and fat free raspberry vinaigrette

✓ **Greek**
Romaine hearts, grape tomatoes, cucumbers, kalamata olives, feta, fresh peppers, red onions and greek vinaigrette

*ADD Chicken \$9.99 or ADD Cayenne Shrimp \$19.99 to any Traditional bowl

✓ Vegetarian 🕒 Signature Items GF Gluten-Free

ARTISANAL SANDWICH PLATTER \$8.99 p/p

An assortment of sandwiches, served with chips or apples

Smoked Turkey & Avocado
with cheddar, tomatoes, baby field greens and fat free honey dijon

🕒 **Tuna Salad**
(Mixed with apples, dried cranberries and mayo), baby arugula and tomatoes

Smoked Turkey BLT
with romaine hearts, smoked bacon, sliced tomato and topped lightly with mayo

Roast Beef & Cheddar
with romaine hearts, cucumbers, sliced tomato, red onions and topped lightly with mayo

✓ **Caprese**
Fresh mozzarella, tomatoes, basil with balsamic vinegar and extra virgin olive oil

Black Forest Ham & Swiss
with romaine hearts, sliced tomato and fat free honey dijon

Ciabatta | Multi-Grain | Rustic, sliced | 9-Grain, sliced **Choice of Breads**

DESIGN YOUR OWN PLATTER \$8.99 p/p

Give them what they want! Choose from any of our Gourmet Wraps and Artisanal Sandwiches, served with chips or apples



GOURMET WRAPS PLATTER \$8.99 p/p

Choose from an array of delicious wraps, served with chips or apples

Blackened Chicken
with avocado, black bean corn salsa, tortilla strips, romaine hearts and citrus chipotle dressing

Smoked Turkey BLT
with romaine hearts, smoked bacon, chopped tomatoes and mayo

✓ **Tofu**
with carrots, sugar snap peas, mushrooms, romaine hearts and asian sesame ginger dressing

🕒 **Tuna Salad**
(Mixed with apples, dried cranberries and mayo), baby arugula and chopped tomatoes

Chicken Portobello
with roasted onions, baby spinach and balsamic vinaigrette

BBO Chicken
with cheddar, jicama, corn, tortilla strips, romaine hearts and buttermilk ranch

Smoked Turkey & Cheddar
with avocado, almonds, baby spinach and buttermilk ranch

Roasted Chicken & Goat Cheese
with smoked bacon, baby arugula and balsamic vinaigrette

Pesto Chicken
with fresh mozzarella, sun-dried tomatoes, baby field greens and balsamic vinaigrette

Choice of Wraps
Tomato Basil | Whole Wheat | Traditional | Spinach | Freshly made, Whole Wheat Crepe

*Before placing your order, please inform your Tossed® Team Member or Catering Director if a guest in your party has a food allergy. Special dietary needs may be accommodated, separately packaged and labeled.